## PROCLAMATION

WHEREAS, substance use disorders could affect any one of us in all communities, and with commitment and support people can achieve healthy lifestyles and lead rewarding lives in recovery; and

WHEREAS, through seeking help, those affected can embark on a new path toward improved health and overall wellness, making a healthier community in which to live; and

WHEREAS, the focus of Recovery Day in Burlington is to celebrate the journey many have entered in recovery, emphasizing that while the road to recovery may be difficult, the benefits of preventing and overcoming substance use disorders are significant and valuable to individuals, families, and communities; and

WHEREAS, celebrating Recovery Day in Burlington spreads the message that behavioral health is an essential part of one's overall wellness, and that prevention works, treatment is effective, and people do recover; and

WHEREAS, the Vermont Recovery Network had over 168,000 visits to its eleven recovery centers throughout the State in 2013, including the Burlington-based Turning Point Center of Chittenden County. In addition, many Vermonters already received care through any one of our amazing treatment facilities in the State, as well as Burlington's HowardCenter, which served over 7,688 individuals in Chittenden County by providing mental health or substance use support services right here in our local community; and

WHEREAS, by raising awareness through Recovery Day in Burlington, we are able to recognize the signs of mental and substance use disorders, celebrate the wonderful stories of successful recovery in this great City, and honor those who choose recovery;

NOW THEREFORE, I, Miro Weinberger, Mayor of the City of Burlington and past board president of the Turning Point Center of Chittenden County, do hereby proclaim September 20, 2014 as

## RECOVERY DAY

in the City of Burlington and encourage Burlingtonians to celebrate those in our community who have chosen to take the journey of recovery and support those in need of taking the first step toward choosing a healthy life.

Miro Weinberger

Mayor